Anthem Blue Cross and Blue Shield CU Health Plan - Exclusive



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms

of coverage, https://www.anthem.com/cuhealthplan. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call (800) 735-6072 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$350/single or \$750/family aggregate	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Prescription Drugs</u> and <u>Preventive care</u> for <u>In-Network</u> <u>Providers</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$9,100/single or \$18,200/family aggregate	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Pre-Authorization Penalties, Premiums, Balance-Billing charges, and Health Care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes, Exclusive network. See www.anthem.com/cuhealthplan or call (800) 735-6072 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You	ı Will Pay	Limitations, Exceptions, & Other
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	\$30/visit, deductible does not apply	Not covered	\$10 Copayment/visit for allergy injections.
If you visit a health care	Specialist visit	\$40/visit, deductible does not apply	Not covered	none
provider's office or clinic	Preventive care/screening/immunization	\$0/visit, deductible does not apply	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	\$0 after deductible	Not covered	Services received in conjunction with an office visit (100% covered – not subject to deductible)
	Imaging (CT/PET scans, MRIs)	\$0 after deductible	Not covered	Failure to obtain pre-authorization may result in reduced or no coverage.
If you need drugs to treat your illness or condition  More information about prescription	Tier 1 - Typically Generic	• Caremark Retail Network Pharmacy Locations: \$10/prescription for up to a 30-day supply • CVS Retail, Costco, Kroger, or CVS mail order: \$20/prescription for a 31-90-day supply	Not covered	Specialty RX: Per fill, a maximum of up to 30 days of Specialty medication may be purchased at a retail pharmacy. After 3 fills, CVS Specialty must be used for Specialty medication to be covered.  Maintenance medication: Per fill, a maximum of up to 30 days of maintenance medication may be purchased at a retail pharmacy. After 3 fills, CVS Retail, Costco, Kroger, or CVS Mail Order Prescription Service must be used for maintenance medications, for up to a 90-day supply to be covered.  Generic Preventive Therapy Drugs: Certain medications and supplies may be obtained at in network pharmacies with no applicable copayment (100%)
drug coverage under CVS's Standard Control Formulary with Advanced Control Specialty Formulary is available at https://info.caremar k.com/acsdruglist	Tier 2 - Typically Preferred Brand	• Caremark Retail Network Pharmacy Locations: \$50/prescription for up to a 30-day supply • CVS Retail, Costco, Kroger, or CVS mail order: \$100/prescription for a 31-90-day supply	Not covered	

<sup>\*</sup> For more information about limitations and exceptions, see <u>plan</u> or policy document at https://www.anthem.com/cuhealthplan.

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services Vou May Need	In-Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Important Information	
	Tier 3 - Typically Non-Preferred Brand Drugs	<ul> <li>Caremark Retail         Network Pharmacy         Locations:         \$75/prescription for up         to a 30-day supply</li> <li>CVS Retail, Costco,         Kroger, or CVS mail         order:         \$150/prescription for a         31-90-day supply</li> </ul>	Not covered	covered). Please contact CVS member services for additional information.  CVS Caremark Customer Care: 1-888-964-0121  Diabetic Medication & Supplies: Members diagnosed with diabetes may be eligible to have insulin, generic diabetic medications, pumps & supplies (needles, syringes, lancets, test strips) obtained at in network pharmacies with no applicable copayment (100% covered). Please contact member services for additional information.  Prescription drugs will always be dispensed as ordered by your provider and by applicable state pharmacy regulations, however you may have higher out-of-pocket costs. You may request, or your Provider may order, the Brand Name Drug. However if a Generic Drug is available, you will need to pay the cost difference between the Generic and Brand Name Drug, in addition to your tier Copayment. The cost difference between the Generic and Brand Name Drug does not contribute to the Out-of-Pocket Annual Maximum. By law Generic and Brand Name Drugs must meet the same standards for safety, strength, and effectiveness. The Plan reserves the right, at its discretion, to remove certain higher cost Generic Drugs from this coverage.	
	Tier 4 - Typically Specialty Drugs	• Caremark Retail Network Pharmacy Locations: \$100/prescription for up to a 30-day supply • CVS Retail, Costco, Kroger, or CVS mail order: \$75/prescription for up to a 30-day supply	Not covered		

<sup>\*</sup> For more information about limitations and exceptions, see <u>plan</u> or policy document at https://www.anthem.com/cuhealthplan.

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Important Information	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$100/visit, after deductible	Not covered	Failure to obtain pre-authorization may result in reduced or no coverage.	
outpatient surgery	Physician/surgeon fees	No charge	Not covered	none	
	Emergency room care	\$250 /visit, deductible does not apply	Covered as <u>In-Network</u>	Copayment is waived if admitted to hospital.	
If you need	Emergency medical transportation	\$0 after deductible	Covered as <u>In-Network</u>	none	
immediate medical attention	<u>Urgent care</u>	\$30 /visit, deductible does not apply	Covered as <u>In-Network</u>	\$250 Copayment for urgent care received in an emergency room. \$15 Copayment for urgent care received through the UCHealth virtual visit platform.	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$200/visit, after deductible	Not covered	Failure to obtain pre-authorization may result in reduced or no coverage.	
nospitai stay	Physician/surgeon fees	No charge	Not covered	none	
If you need mental health, behavioral health,	Outpatient services	Office visit \$30/ visit, deductible does not apply	Not covered	In-network: copayment applies to office visits and professional services. Failure to obtain pre-authorization may result in reduced or no coverage.	
or substance abuse services	Inpatient services	\$200/visit, after deductible	Not covered	Failure to obtain pre-authorization may result in reduced or no coverage.	
TC.	Office visits	\$15 Copayment for first prenatal care office visit, deductible does not apply	Not covered	Maternity care may include tests and	
If you are pregnant	Childbirth/delivery professional services	No charge	Not covered	services described elsewhere in the SBC (i.e. ultrasound.)	
	Childbirth/delivery facility services	\$200/visit, after deductible	Not covered		
	Home health care	\$0 after deductible	Not covered	Failure to obtain pre-authorization may result in reduced or no coverage.	
If you need help recovering or have other special health needs	Rehabilitation services	Inpatient \$200/visit, after deductible; Outpatient: \$30 /visit, deductible does not apply	Not covered	Outpatient coverage of physical, occupational and speech therapies is limited to 40 visits each per plan year. \$40 Copayment/visit for cardiac	
	Habilitation services	Outpatient: \$30 /visit, deductible does not apply	Not covered	rehabilitation up to a maximum of 36 visits per plan year. All rehabilitation	

<sup>\*</sup> For more information about limitations and exceptions, see <u>plan</u> or policy document at https://www.anthem.com/cuhealthplan.

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Important Information
				and habilitation visits count toward your rehabilitation visit limit.
	Skilled nursing care	\$0 after deductible	Not covered	Failure to obtain pre-authorization may result in reduced or no coverage. Covers up to 100 days per plan year.
	Durable medical equipment	20% Coinsurance not subject to deductible for Prosthetic Appliances; \$0 after deductible for all other durable medical equipment (100% covered)	Not covered	Failure to obtain pre-authorization may result in reduced or no coverage. Includes 1 wig following cancer treatment.
	Hospice services	\$0 after deductible	Not covered	Failure to obtain pre-authorization may result in reduced or no coverage.
If your child needs dental or	Eye exam	\$20 /visit, exam only, deductible does not apply	Up to a \$35 maximum reimbursement	Administered through BlueView Vision. See separate BlueView Vision
eye care	Glasses	Not covered	Not covered	Benefit Summary.
Cyc care	Dental check-up	Not covered	Not covered	none

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.) • Abortion (except in cases of rape, incest, or • Cosmetic surgery • Dental care (adult) when the life of the mother is endangered) • Long-term care • Non-emergency care when traveling outside of the U.S Preauthorization - You may have to pay for all or a portion of any test, equipment, service or Private-duty nursing Weight loss programs procedure that is not preauthorized. To find out which services require Preauthorization and to be sure that Preauthorization has been given, you may contact us.

<sup>\*</sup> For more information about limitations and exceptions, see <u>plan</u> or policy document at https://www.anthem.com/cuhealthplan.

- Acupuncture (20 visit maximum)
- Hearing aids (1 pair/5 years)

- Bariatric Surgery
- Routine eye care (Administered by BlueView Vision)
- Chiropractic care (20 visit maximum)
- Infertility treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at (866) 444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

ATTN: Grievances and Appeals, 700 Broadway, Mail Stop CO0104-0430, Denver, CO 80273

Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>

Division of Insurance, ICARE Section, 1560 Broadway, Suite 850, Denver, Colorado 80202, (303) 894-7490

#### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

<sup>\*</sup> For more information about limitations and exceptions, see <u>plan</u> or policy document at https://www.anthem.com/cuhealthplan.

#### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$350
Specialist copayment	\$15
■ Hospital (facility) <i>copayment</i>	\$200
Other <i>coinsurance</i>	0%

## Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$350
PCP <u>copayment</u>	\$30
Hospital (facility) coinsurance	0%
Other coinsurance	0%

#### Mia's Simple Fracture (in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$350
Specialist copayment	\$40
■ Hospital (facility) <u>copayment</u>	\$250
Other <i>coinsurance</i>	0%

## This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
 Diagnostic tests (ultrasounds and blood work)

<u>Diagnostic tests</u> (ultrasounds and blood work) <u>Specialist</u> visit (anesthesia)

This EXAMPLE event includes services	
like.	

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

**Prescription drugs** 

Durable medical equipment (glucose meter)

## This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$12,840
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In this example, Peg would pay:

Cost Sharing

<u>Cost Sharing</u>	
<u>Deductibles</u>	\$350
Copayments	\$293
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Peg would pay is	\$643

Total Example Cost	\$7,460

In this example, Joe would pay:

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Cost Sharing		
<u>Deductibles</u>	\$350	
<u>Copayments</u>	\$99	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Joe would pay is	\$449	

Total Example Cost	\$2,010
<u>-</u>	

In this example, Mia would pay:

Cost Sharing		
<u>Deductibles</u>	\$350	
Copayments	<b>\$49</b> 0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$840	

#### (TTY/TDD: 711)

**Albanian (Shqip):** Nëse keni pyetje në lidhje me këtë dokument, keni të drejtë të merrni falas ndihmë dhe informacion në gjuhën tuaj. Për të kontaktuar me një përkthyes, telefononi (800) 735-6072

Amharic (አማርኛ)፦ ስለዚህ ሰነድ ማንኛውም ጥያቄ ካለዎት በራስዎ ቋንቋ እርዳታ እና ይህን መረጃ በነጻ የማግኘት መብት አለዎት። አስተርጻሚ ለማናገር (800) 735-6072 ይደውሉ።

Armenian (**hայերեն**). Եթե այս փաստաթղթի հետ կապված հարցեր ունեք, դուք իրավունք ունեք անվձար ստանալ օգնություն և տեղեկատվություն ձեր լեզվով։ Թարգմանչի հետ խոսելու համար զանգահարեք հետևյալ հեռախոսահամարով՝ (800) 735-6072։

Bassa (Băssò Wùdù): M̀ dyi dyi-diè-dè bĕ bédé bá céè-dè nìà kɛ dyí ní, ɔ mò nì dyí-bèdèìn-dè bé m̀ ké gbo-kpá-kpá kè bỗ kpɔ̃ dé m̀ bídí-wùdùǔn bó pídyi. Bé m̀ ké wudu-zììn-nyò dò gbo wùdù kɛ, dá (800) 735-6072.

Bengali (বাংলা): যদি এই নখিপত্রের বিষয়ে আপনার কোনো প্রশ্ন খাকে, ভাহলে আপনার ভাষায় বিনামূল্য সাহায্য পাওয়ার ও তথ্য পাওয়ার অধিকার আপনার আছে। একজন দোভাষীর সাথে কথা ব্লার জন্য (৪০০) 735-6072 — তে কল করুন।

Burmese **(မြန်မာ)**: ဤစာရွက်စာတမ်းနှင့် ပတ်သက်၍ သင့်တွင် မေးမြန်းလိုသည်များရှိပါက အချက်အလက်များနှင့် အကူအညီကို အခကြေးငွေ ပေးစရာမလိုပဲ သင့်ဘာသာစကားဖြင့် ရယူနိုင်ခွင့် သင့်တွင် ရှိပါသည်။ စကားပြန် တစ်ဦးနှင့် စကားပြောနိုင်ရန် ဇုန် (800) 735-6072 သို့ ခေါ် ဆိုပါ။

Chinese (中文): 如果您對本文件有任何疑問,您有權使用您的語言免費獲得協助和資訊。如需與譯員通話,請致電 (800) 735-6072。

Dinka (Dinka): Na non thiëëc në ke de ya thorë, ke yin non lon bë yi kuony ku wer alëu bë geer yic yin ne thon du ke cin weu taauë ke piny. Te kor yin ba jam wenë ran ye thok geryic, ke yin col (800) 735-6072.

**Dutch (Nederlands):** Bij vragen over dit document hebt u recht op hulp en informatie in uw taal zonder bijkomende kosten. Als u een tolk wilt spreken, belt u (800) 735-6072.

French (Français): Si vous avez des questions sur ce document, vous avez la possibilité d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour parler à un interprète, appelez le (800) 735-6072.

**German (Deutsch):** Wenn Sie Fragen zu diesem Dokument haben, haben Sie Anspruch auf kostenfreie Hilfe und Information in Ihrer Sprache. Um mit einem Dolmetscher zu sprechen, bitte wählen Sie (800) 735-6072.

**Greek (Ελληνικά)** Αν έχετε τυχόν απορίες σχετικά με το παρόν έγγραφο, έχετε το δικαίωμα να λάβετε βοήθεια και πληροφορίες στη γλώσσα σας δωρεάν. Για να μιλήσετε με κάποιον διερμηνέα, τηλεφωνήστε στο (800) 735-6072.

Gujarati (**ગુજરાતી**): જો આ દસ્તાવેજ અંગે આપને કોઈપણ પ્રશ્નો હોય તો, કોઈપણ ખર્ય વગર આપની ભાષામાં મદદ અને માહિતી મેળવવાનો તમને અધિકાર છે. દુભાષિયા સાથે વાત કરવા માટે, કોલ કરો (800) 735-6072.

Haitian Creole (Kreyòl Ayisyen): Si ou gen nenpòt kesyon sou dokiman sa a, ou gen dwa pou jwenn èd ak enfòmasyon nan lang ou gratis. Pou pale ak yon entèprèt, rele (800) 735-6072.

Hindi (हिंदी): अगर आपके पास इस दस्तावेज़ के बारे में कोई प्रश्न हैं, तो आपको निःशुल्क अपनी भाषा में मदद और जानकारी प्राप्त करने का अधिकार है। दुभाषिये से बात करने के लिए, कॉल करें (800) 735-6072

**Hmong (White Hmong):** Yog tias koj muaj lus nug dab tsi ntsig txog daim ntawv no, koj muaj cai tau txais kev pab thiab lus qhia hais ua koj hom lus yam tsim xam tus nqi. Txhawm rau tham nrog tus neeg txhais lus, hu xov tooj rau (800) 735-6072.

Igbo (Igbo): O bụr ụ na ị nwere ajujụ o bụla gbasara akwukwo a, ị nwere ikike inweta enyemaka na ozi n'asusu gi na akwughi ugwo o bula. Ka gi na okowa okwu kwuo okwu, kpọo (800) 735-6072.

Ilokano (Ilokano): Nu addaan ka iti aniaman a saludsod panggep iti daytoy a dokumento, adda karbengam a makaala ti tulong ken impormasyon babaen ti lenguahem nga awan ti bayad na. Tapno makatungtong ti maysa nga tagipatarus, awagan ti (800) 735-6072.

Indonesian (Bahasa Indonesia): Jika Anda memiliki pertanyaan mengenai dokumen ini, Anda memiliki hak untuk mendapatkan bantuan dan informasi dalam bahasa Anda tanpa biaya. Untuk berbicara dengan interpreter kami, hubungi (800) 735-6072.

Italian (Italiano): In caso di eventuali domande sul presente documento, ha il diritto di ricevere assistenza e informazioni nella sua lingua senza alcun costo aggiuntivo. Per parlare con un interprete, chiami il numero (800) 735-6072

Japanese (日本語): この文書についてなにかご不明な点があれば、あなたにはあなたの言語で無料で支援を受け情報を得る権利があります。通訳と話すには、(800) 735-6072 にお電話ください。

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