

Effective July 1, 2020 Group #12026

> Funded by the University of Colorado Health and Welfare Trust











# **WELCOME**

Thank you for selecting the CU Health Plan as your dental insurance provider. By choosing this plan, you're backed by a team dedicated to providing you with the best dental coverage possible and helping you save money at a time when dental healthcare costs are rising. You're committed to your oral wellness, and so are we.

If you're reading this, you're probably looking for information on how your plan works. You have enrolled in a dental health benefit plan that, pursuant to the terms of this booklet, pays for many of your dental healthcare expenses, including most expenses for preventive care, crowns, fillings and more.

This plan is self-funded by the University of Colorado Health and Welfare Trust. That means all of the claims you make will be paid by the trust, which is funded by contributions from you and other subscribers at the University of Colorado and CUMedicine. Delta Dental provides administrative services only, including provider network contracting, member services, and other administrative services.

This booklet is a guide to your plan. Please review this document, as well as your plan summary, to become familiar with your benefits, including their limitations and exclusions. By learning how your coverage works, you'll be able to make the best dental healthcare decisions possible and take advantage of all the great benefits available to you.

For questions about coverage or how benefits are administered, please visit the CU Health Plan website or call Delta's Member Services department. The toll-free Member Services department number is located on your Dental Benefit ID Card.

Thank you for selecting the CU Health Plan for your dental care needs. We wish you good health.

Tony DeCrostá

Chief Plan Administrator

University of Colorado Health and Welfare Trust

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# **BENEFITS/COVERAGE (What is Covered)**

# Delta Dental PPO Schedule of Benefits For Group # 12026 CU HEALTH PLAN - PREMIER PLAN

This Schedule of Benefits should be read in conjunction with your Benefit Booklet. Your Benefit Booklet will provide you with additional information about your Delta Dental plan, including information about plan exclusions and limitations. In the event that you seek treatment from a non-participating Provider, you may have more out-of-pocket costs.

**Control Plan** - Delta Dental of Colorado **Benefit Year** - July 1<sup>st</sup> to June 30<sup>th</sup>

	Dependent Child 0-12 Utilizing a PPO or Premier Provider	Delta Dental PPO Provider	Delta Dental Premier Provider	*Non- Participating Provider
Covered Services	Plan Pays	Plan Pays	Plan Pays	Plan Pays
Diagnostic & Preventive Services			_	
Oral Exams and Cleanings	100%	100%	80%	80%
X-Rays	100%	100%	80%	80%
Sealants	100%	100%	80%	80%
Fluoride Treatment	100%	100%	80%	80%
Basic Services	·			
Basic Restorative (Fillings)	100%	50%	50%	50%
Oral Surgery	100%	50%	50%	50%
Endodontics (Root Canal Therapy)	100%	50%	50%	50%
Periodontics (Gum Disease Treatment)	100%	50%	50%	50%
Major Services				
Special Restorative (Crowns, Onlays)	100%	50%	50%	50%
Prosthodontics (Dentures, Bridges)	N/A	50%	50%	50%
Implant Services	N/A	50%	50%	50%

# Orthodontia is not a covered Benefit.

# Age

Туре	Age Limit	Coverage Thru
Dependent Child	27	End of the Month

Deductible (July 1st- June 30th)

Class	Туре	Network	Amount
All Covered Classes Except D&P Age 13 and Older	Individual coverage amount	PPO and Premier	\$25

<sup>\*</sup> Important: Non-Participating Providers are allowed to balance bill. Subscribers and/or Dependents are responsible for the difference between the non-participating Maximum Plan Allowance and the full fee charged by the Provider.

	Individual		
All Covered Classes Except D&P	coverage	Non-Participating	\$25
	amount		

# Maximum (July 1st- June 30th)

Class	Туре	Network	Amount
All Covered Classes Except D&P	Individual	PPO and Non-PPO	\$1250
All Covered Classes Except Dap	coverage	PPO allu Noll-PPO	\$1250
	amount		

Under the CU Health Plan- Premier Dental plan, you may visit any Provider of your choice. There are three levels of Providers to choose from who are located nationwide:

# **PPO Participating Provider**

Advantages of seeing a PPO Provider include:

- Payment is based upon the PPO Provider's Allowable fee, or the fee actually charged, whichever is less.
- You are responsible for any applicable deductible and coinsurance for covered procedures.

You will receive the best benefits available on this plan by choosing a PPO Provider.

### **Premier Participating Provider (Non-PPO)**

You have the option of seeing a Premier Provider, but you may incur additional costs:

- Payment is based upon the Premier Maximum Plan Allowance, or the fee actually charged, whichever is less.
- Claim forms are submitted directly to Delta Dental by the Providers.
- You are only responsible for any applicable deductible and coinsurance for covered procedures.

# Non-Participating Provider (Non-PPO)

You have the option of seeing a non-participating Provider, but you may incur additional out-of-pocket costs.

- You may be responsible for payment in full to the Provider and for filing your claim with Delta Dental for reimbursement.
- You are responsible for the difference between the non-participating Maximum Plan Allowance and the full fee charged by the Provider.

#### **COVERED AMOUNT** means

- For PPO Providers, the lesser of the PPO Provider's Allowable fee or the fee actually charged.
- For Premier Participating Providers, the lesser of the Premier Maximum Plan Allowance, or the fee actually charged.
- For all other Providers, the lesser of the Non-Participating Maximum Plan Allowance, or the fee actually charged.

Welcome to your dental CU Health Plan, funded by the University of Colorado Health and Welfare Trust, where it's our mission to mitigate the rising costs of healthcare, tailor plans to the specific needs of Subscribers, retirees and their dependents based on data and evidence-based approaches, and emphasize a commitment to wellness.

#### **ELIGIBILITY**

All eligible retirees and their Dependents who enroll will be covered on the effective date. All retirees will become eligible as determined by your employer.

# **DEPENDENT ELIGIBILITY**

Eligible dependents may be enrolled within 31 days of any of the following:

- Eligible dependents may be enrolled at the time the Retiree first becomes eligible for the plan.
   The effective date will be that of the Retiree.
- New dependents must be enrolled within 31 days and will be covered the first of the following month. Newborns and adopted children will be covered on the date of birth or date of placement for adoption.
- Eligible dependents who lose coverage through another source will be allowed to enroll within 31 days of the loss of coverage with proof of loss.

# HOW TO ACCESS YOUR SERVICES AND OBTAIN APPROVAL OF BENEFITS

# **How to Find a Provider**

There are two easy ways to find out if your Provider is participating with Delta Dental.

- 1. Visit our website at www.deltadentalco.com or
- 2. Phone our automated call center at 1- 800-610-0201

The Delta Dental network is subject to change. Please check on the participating status of your Provider before your next appointment.

You are not required to obtain approval before receiving services. Before starting dental treatment that may cost \$400 or more, you may request an estimate from Delta Dental of what is covered. Pre- treatment estimates are not required.

# **BENEFITS/COVERAGE (What is Covered)**

# **COVERED DENTAL SERVICES**

# **DIAGNOSTIC & PREVENTIVE SERVICES**

**Diagnostic:** Certain Services performed to assist the Provider in evaluating the existing conditions and determining the

dental care required.

**Preventive:** Certain Services performed to prevent the occurrence of dental abnormalities or disease.

Adjunctive: Certain additional Services, including emergency palliative treatment, performed as a temporary measure

that does not affect a definitive cure.

#### PROCEDURE BENEFIT DESCRIPTION

PROCEDURE	BENEFIT DESCRIPTION
Oral Exam (All exam types)	Two exams in a plan year are covered. There is no separate benefit for diagnosis,
Oral Exam (All exam types)	treatment planning or consultation by the treating provider.
Double Classins	Four cleanings in a plan year are covered. Periodontal maintenance procedures or any
	combination of periodontal maintenance procedures and prophylaxis (adult and child
Dental Cleaning	cleanings) are limited to 4 per plan year. An adult cleaning is not covered for persons
	under age 14.
Bitewing X-rays	Covered twice in a plan year.
Full Mouth Survey	Covered one time in a 36 month period under any Delta Dental plan unless
or Panoramic X-ray	documentation of special need is provided.
Individual Periapical X-rays	Limited to the allowance for a full mouth survey or panoramic x-ray. If the fee meets
Intraoral Occlusal X-rays	or exceeds the allowance for a full mouth survey, it will be processed as a full mouth
Extraoral X-rays	survey.
	Benefits for sealants are limited to one per application per tooth in 36 months. Benefit
	is allowed only for the occlusal surface of decay-free and previously unrestored
Sealants	permanent molars for children under the age of 17. Repair or replacement is
Sediants	considered included in the fee for initial placement of the sealant. There is no separate
	benefit for preparation or conditioning of the tooth or any other procedure associated
	with the sealant application.
<b>Preventive Resin Restoration</b>	Covered as a sealant above.
Fluoride Treatment	Covered up to two times in a plan year. Topical fluoride application is a benefit only to
riuoride Treatment	children under the age of 17
Silver Diamine Fluoride	Covered twice in a plan year through age 16.
	Benefit for space maintainers will only be made for appliances to maintain space for
Space Maintainer	eruption of permanent back teeth in cases of premature loss of primary (deciduous)
	teeth for children under the age of 17.
Adimenting Complete	Services related to another category of covered services will be covered at the same
Adjunctive Services	percentage as the related category of covered services.
Palliative Treatment	Covered as a separate benefit only if no other service is provided during the visit except
ramative freatment	an exam and/or x-rays.
Oral Pathology Lab Procedures	Covered with a pathology report.

# **BASIC SERVICES**

Basic Restorative: Fillings and preformed shell crowns, for treatment of tooth decay which results in visible destruction of

hard tooth structure or loss of tooth structure due to fracture.

Oral Surgery: Extractions and certain other surgical Services and associated covered anesthesia and/or related Covered

Services.

**Endodontic:** Certain Services for treatment of non-vital tooth pulp resulting from disease or trauma.

**Periodontic:** Certain Services for treatment of gum tissue and bone supporting teeth.

# PROCEDURE BENEFIT DESCRIPTION

Amalgam Fillings (silver fillings) and Composite Resin (white plastic) Fillings  Amalgam or composite resin filling is allowed if at least 12 months have passed si	nce
Composite Resin (write plastic) i mings	
the existing filling was placed.	
Interim Therapeutic Restoration Covered once per tooth per lifetime for baby teeth.	
Stainless Steel Crowns Covered when the tooth cannot be restored by a filling and then 1 time in a 12 mg	nth
Resin Crowns period.	
Covered if no other restorative service is performed on the same tooth on the same	me
Protective Filling  date. Not covered during a course of endodontic therapy.	
Pin Retention Covered with a basic (amalgam or composite) filling. A benefit one time per filling.	
Extraction - Coronal Remnants Includes local anesthesia and routine post-operative care, which are not covered to the contract of the contract	red
Deciduous Tooth separately.	
Extraction - Erupted Tooth or Exposed Includes local anesthesia and routine post-operative care, which are not covered to the contraction in the contraction of the contraction is a second to the contraction of the contract	red
Root separately.	
Therapeutic Pulpotomy Covered for baby teeth.	
Covered once per tooth. X-rays, cultures, tests, local anesthesia and routine follow	-up
Root Canal Therapy care are not separately covered.	
Covered if the first root canal procedure on the same tooth was performed at leas	24
Repeat Root Canal therapy months earlier.	
Apexification/Recalcification Covered once per tooth. A course of treatment includes initial, interim and final vi	sits.
(apical closure/calcific repair of X-rays, cultures, tests, local anesthesia and routine follow-up care are not separa	tely
perforations, root resorption, etc.) covered.	
Covered once per root each 24 months. X-rays, cultures, tests, local anesthesia	and
Apicoectomy routine follow-up care are not separately covered.	
Covered once per root each 24 months. X-rays, cultures, tests, local anesthesia	and
Retrograde Filling (per root) routine follow-up care are not covered separately.	
X-rays, cultures, tests, local anesthesia and routine follow-up care are not separa	tely
Root Amputation (per root)  Root Amputation (per root)	
Hemisection X-rays, cultures, tests, local anesthesia and routine follow-up care are not separa	tely
(includes any root removal) covered.	
Periodontal Scaling and Root Planing - Covered one time per guadrant of the mouth in any 24 month period	
Per Quadrant Covered one time per quadrant of the mouth in any 24 month period.	
One periodontal surgical procedure is covered per quadrant in any 36 month perio	d. If
Gingivectomy less than a full quadrant is treated, benefits will be based on the fee for a pa	tial
quadrant. Local anesthesia and routine post-operative care are not separately allow	ved
as benefits.	

Gingival Flap Procedure	One periodontal surgical procedure is covered per quadrant in any 36 month period. If less than a full quadrant is treated, benefits will be based on the fee for a partial quadrant. Root planning, local anesthesia and routine post-operative care are not separately covered.
Crown Lengthening - Hard Tissue, by	Not covered if performed on the same date as surgery to bone structures, crown
Report	preparation or other restoration.
Osseous Surgery, Guided Tissue	One periodontal surgical procedure is covered per quadrant in any 36 month period. If
Regeneration (includes surgery and re-	less than a full quadrant is treated, benefits will be based on the fee for a partial
entry), Pedicle Soft Tissue Graft, Free	quadrant. Local anesthesia and routine post-operative care are not separately allowed
Soft Tissue Graft (including donor site)	as benefits.
Surgical Extractions of Teeth or Tooth	Local anesthesia and routine post-operative care are not separately allowed as
Roots	benefits.
Oral Surgery Services	Includes fistula closure, sinus perforation closure, tooth reimplantation, surgical access to expose teeth, biopsies, soft-tissue lesion removal, excision of bone tissue, excision of hyperplastic gum tissue, surgical incisions, and cyst removal. Local anesthesia and routine post-operative care are not separately allowed as benefits.
General Anesthesia Analgesia (Nitrous Oxide) I.V. Sedation	Only one type of anesthesia procedure per date of service is allowed as a separate benefit when provided for covered oral surgical procedures.
Alveoloplasty	Not allowed as a separate benefit when performed on the same date as extractions.  Includes local anesthesia and routine post-operative care.

# **MAJOR SERVICES**

Special Restorative: Buildups (which may or may not include a post) and laboratory processed restorations (crowns, onlays)

for treatment of tooth decay which results in visible destruction of hard tooth structure, or loss of tooth

structure due to fracture, which cannot be restored with amalgam or composite restorations.

Prosthodontics: Services for construction or repair of fixed partial dentures (bridges), cast or acrylic removable partial

dentures, acrylic complete dentures, and removable temporary partial dentures to replace completely

extracted or avulsed natural permanent teeth.

**Implants:** Prosthetic appliances placed into or on the bone of the upper or lower jaw to retain or support dental

prostheses.

# PROCEDURE BENEFIT DESCRIPTION

Re-Cement Crowns, Inlays and Onlays	Covered after 6 months from initial insertion.
Repairs to Crowns	Subject to Delta Dental's consultant review.
Re-Cement Fixed Bridges	Covered after 6 months from initial insertion of fixed bridge.
Repairs to Fixed Bridges	Subject to Delta Dental's consultant review.
Denture Adjustments	Covered after 6 months from the insertion of the full or partial denture.
Repairs to Full and Partial Dentures	Covered after 6 months from the insertion of the full or partial denture.
Tissue Conditioning per Denture Unit	Covered two times in a 36 month period.
Relining Dentures	Relining or rebasing is covered at least 6 months after the initial insertion of a full or
Rebasing Dentures	partial denture and then not more than one time in a 36 month period.

	An alternate benefit allowance for an amalgam filling will be made for the same
Inlays	number of surfaces. Any difference in fee is chargeable to the patient. It will be covered
iniays	if 60 months have passed since the last placement. Not covered for children under age
	12.
	Covered when the tooth cannot be restored by an amalgam or composite filling and if
Crowns and Onlays	more than 60 months since the last placement. Not covered for children under age 12.
	Covered when needed to retain a crown or onlay and only when need is due to
Core (Crown) Buildup	extensive loss of tooth structure caused by decay or fracture. Covered only if 60
including any Pins	months have passed since the last buildup or post and core procedure for the same
	tooth. Not covered for children under age 12.
	Covered for endodontically treated teeth. Must be needed to retain a crown or onlay,
Post and Core (in conjunction with a	and only when necessary due to extensive loss of tooth structure caused by decay or
Crown or Onlay)	fracture. Covered only if 60 months have passed since the last buildup or post and core
cross or case,	procedure for the same tooth. Not covered for children under age 12.
	The placement of the surgical implant, and the placement of a crown, full or partial
Implants - Surgical Placement &	denture, or bridge over the implant, are covered once in 60 months for restorations
Restoration	involving the same tooth. This limitation includes any prior Special Restorative or
	Prosthodontic benefits for the same tooth. Not covered for children under age 16.
	Initial fixed bridge is covered. Replacement of an existing fixed bridge is covered if the
Fixed Bridges	existing fixed bridge is more than 60 months old, is not serviceable, and cannot be
	repaired, and there is no prior payment of covered special restorative or prosthodontic
	benefit for the same tooth. Not covered for children under age 16.
	Covered when needed to retain a fixed bridge or endodontically treated teeth. Only
Core (Bridge) Buildup including any Pins	when necessary due to extensive loss of tooth structure caused by decay or fracture.
(in conjunction with a Bridge Abutment	Covered only if 60 months have passed since the last buildup or post and core
or a Fixed Bridge)	procedure for the same tooth. Not covered for children under age 16.
	Initial full dentures are covered. Replacement is covered after 60 months from the last
Full Dentures	placement. Dentures must not be able to be repaired. Personalized dentures,
	overdentures or associated procedures are not covered.
	Initial partial dentures are covered. Replacement is covered after 60 months have
	elapsed since the last placement. Dentures must not be able to be repaired. Precision
Partial Dentures	or semi-precision attachments are not covered. The benefit for a partial denture
	includes any clasps and rests and all teeth. Metal based partial dentures are not
	covered for children under age 16.
	Initial temporary removable partial dentures are covered to replace missing
Temporary Removable Partial Dentures	permanent front teeth. Replacement is covered only after 60 months have elapsed
Temperary memoration and a contained	since the last placement.
	and the last presented

### LIMITATIONS/EXCLUSIONS

#### (What Is Not Covered)

# **GENERAL LIMITATIONS – ALL SERVICES**

- a) Alternate Benefits Often more than one service or supply can be used for treatment. In deciding the amount allowed on a claim, The Plan will consider other materials and methods of treatment. Payment will be limited to the Covered Amount for the least costly Covered Service that meets accepted standards of dental care as determined by Delta Dental. The covered person and his Provider may decide on a more costly treatment. Delta Dental will pay toward the cost of the selected procedure at the Coinsurance level shown on the Schedule of Benefits. Payment will be limited to the Covered Amount for the least costly treatment. Only covered services will receive alternate benefits.
- b) Temporary services will be covered as part of the final service. The benefit allowed for such service and the final service is limited to the benefit allowed for the final service.
- c) The Plan will pay Procedures performed at the same time and as part of a primary procedure at the amount allowed for the primary procedure.
- d) Services are covered when provided by a person legally permitted to perform such Services and are determined to be Necessary and appropriate. Benefits will be based on the terms of this plan and Delta Dental's Processing Policies, even if no monies are paid.
- e) Pre- and post-operative procedures are considered part of any associated Covered Service. Benefit will be limited to the Covered Amount for the Covered Service.
- f) Local anesthesia is considered part of any associated Covered Service. Benefit will be limited to the Covered Amount for the Covered Service.
- g) The Covered Amount for a Covered Service Started but not Completed will be limited to the amount determined by Delta Dental.
- h) Allowance for an assistant surgeon, when determined by Delta Dental to be a Covered Service, will not exceed 20% of the surgeon's fee for the same Covered Service.

#### **EXCLUSIONS**

- a) Services for injuries or conditions which are covered under Worker's Compensation or employer's liability laws. Services provided by any federal or state agency. Services provided without cost by any city, county or other political subdivision. Any Services for which the person would not have to pay if not insured, except if such exclusion may be prohibited by law.
- Any Service Started, with the exception of orthodontics, when the person was not covered under this Contract.
   This includes any Service Started during an applicable

- Waiting Period. Ongoing orthodontia will be determined using the balance as of calculation.
- c) Any procedure, service or supply provided primarily for cosmetic purposes. Veneers on teeth and facings or veneers placed on crowns or bridge units for teeth after the first molar will always be considered cosmetic. Delta Dental will limit their allowance to a Covered Service without facings or veneers and the patient is responsible for the remainder of the Provider's approved fee.
- Services to treat tooth structure lost from wear, erosion, attrition, abrasion or abfraction.
- e) Services related to protecting, altering, correcting, stabilizing, rebuilding, or maintaining teeth due to improper alignment, occlusion or contour.
- f) Services related to periodontal stabilization of teeth (splinting).
- g) Habit appliances, night guards, occlusal guards, athletic mouth guards and gnathological (jaw function) services, bite registration or analysis, or any related services.
- h) Pre-medication, analgesia, hypnosis, or any other patient management services (except covered anesthetic services).
- i) Charges for prescribed drugs.
- j) Any Experimental or Investigational treatment.
- k) Services that may otherwise be covered, but due to the patient's underlying condition would not prove successful to improve the patient's oral health.
- Any treatment done in anticipation of future need (except covered preventive services).
- m) Hospital costs or any charges for use of any facility.
- n) Any anesthesia service not included in Covered Services.
- o) Grafts done in the mouth where teeth are not present.
- p) Grafts of tissues or other substances from outside the mouth into the mouth.
- q) Therapy for speech or the function of the tongue or face.
- r) Orthodontic Services including surgical and non-surgical procedure to diagnose and treat mis-alignment of teeth and/or jaws, unless shown as covered on the Schedule of Benefits.
- s) Myofunctional therapy or speech therapy.
- t) Services for the treatment of any temporomandibular joint (TMJ) problems, including facial pain, or any related conditions. Includes any related diagnostic, preventive or treatment Services.
- u) Services not performed in accordance with Colorado state law. Services by any person other than a person licensed to perform them. Services to treat any condition, other than an oral or dental disease, abnormality or condition.
- Teaching in oral hygiene or diet planning.
- w) Completion of forms. Providing diagnostic information or records. Copying of x-rays or other records.
- x) Replacement of lost, stolen or damaged appliances.

- y) Repair of items altered by someone other than a Provider.
- z) Any Services not included in Covered Services.
- aa) Services for which charges would not have been made but for this coverage, except for Services as provided under Medicaid.
- bb) Missed appointment charges.
- cc) Preventive control programs, including home care items.
- dd) Plaque control programs.
- ee) Self-injury.
- ff) Provisional splinting.
- gg) Bone grafting when done in the same site as a tooth extraction, implant, apicoectomy or hemisection.
- hh) Services provided for treatment of teeth retained in relation to an Overdenture.
- ii) Any Prosthodontic service provided within 60 months of Special Restorative services involving the same teeth.
- jj) Any Special Restorative service provided within 60 months of fixed Prosthodontic services involving the same teeth.
- kk) Fixed and removable Prosthodontic appliances (bridges and partials) are not a benefit in the same arch except when the fixed denture (bridge) replaces front teeth. Allowance is limited to the allowance for the removable partial denture.

#### **MEMBER PAYMENTS RESPONSIBILITY**

Some things that may affect the amount you will pay includes your specific plan and if your provider participates (and at what level) with Delta Dental.

You are responsible for deductibles, amounts above the annual maximum, amounts up to the out-of-pocket maximum, and your coinsurance. You must pay charges for Services not covered under this contract. You may be responsible for some part of the premium.

# **CLAIM PROCEDURES (How to File a Claim)**

If your Provider participates with Delta Dental, the claim form will be filed by your Provider. The patient must sign the form to permit release of the information to Delta Dental.

If you elect treatment from a Provider who does not participate with Delta Dental, you may need to file your own claim.

If you are covered by more than one dental plan, you should file all of your claims with each plan.

Delta Dental will not pay claims submitted more than 12 months after the date of service.

#### **PRE-TREATMENT ESTIMATE**

Before starting treatment that may cost \$400 or more, you may request an estimate of what is covered. Pre-treatment estimates are not required and are provided as a services to the covered person and the Provider.

#### **RIGHT TO EXAMINATION**

Delta Dental shall have the right and opportunity to examine the person of the individual for whom claim is made when and so often as it may reasonably require during the pendency of claim under the policy.

# GENERAL POLICY PROVISIONS AGREEMENT WITH STATE LAW

Any requirement in this Contract which on its effective date is in conflict with the laws of the state in which any Covered Person lives is hereby changed to the minimum requirement of such laws.

#### **ASSIGNMENT OF BENEFITS**

You may assign any benefits of this policy to your dental provider. You may revoke this assignment at any time by sending a written revocation to Delta Dental.

#### **NON-DISCRIMINATION**

With regard to participation in its networks, Delta Dental does not discriminate against any provider acting in the scope of his or her license.

# **COORDINATION OF BENEFITS (COB)**

Coordination of Benefits means taking other Plans into account when paying Benefits. Coordination of Benefits will apply when a covered person is covered under more than one Plan. The Benefits of this Plan will be coordinated with the other Plan(s).

**Plan:** A Plan that pays or provides for dental services on a group or individual basis. This includes group and blanket insurance, self-insured and prepaid plans, automobile insurance and government plans (except Medicaid).

**Primary Coverage:** The plan that must pay first. The Primary Coverage must pay up to its full liability.

**Secondary Coverage:** The plan that must pay a claim after the Primary Coverage has paid its part.

The rules for the order of benefit payment are summarized below.

- The Plan provided a covered person as a Subscriber will be primary to a policy on which the covered person is a dependent.
- For dependent children, primary and secondary coverage will be determined as follows:
- \*The Plan of the parent whose birthday occurs earlier in the year will be primary, or;
- \* If the parents are separated or divorced, the Plan of the parent who is ordered by court decree to pay for dental expenses will be primary, or;
- \* The Plan of the parent with custody is Primary and if the custodial parent has remarried, the stepparent's Plan is Secondary and the Plan of the parent without custody pays third.
- If the above rules do not establish an order of benefit payment, the Plan that has covered the Person the longest will be Primary. If that Plan covers someone who has been laid off or is retired it will be Secondary to any other Plan.
- A group Plan that does not contain a Coordination of Benefits clause is primary.

If this Plan is Primary, we will pay claims without regard to benefits provided by any other Plan. If this Plan is Secondary, we will pay claims so that together with the other Plan payment will not exceed 100% of the allowable expense or this Plan's maximum benefit.

Questions about Coordination of Benefits?

Colorado Division of Insurance 1560 Broadway, Ste 850 Denver, CO 80202 Phone Number: 303-894-7490 or 1-800-930-3745

#### **SUBROGATION**

Delta Dental, on behalf of the CU Health Plan, has the right to enforce on its own, or with a covered person, a claim against a third party up to the amount paid by Delta Dental, on behalf of the University of Colorado Health and Welfare Trust (Trust). If

Delta Dental, on behalf of the Trust, pays a claim for injuries to a covered person and the covered person settles with a third party for an amount that includes such costs, the covered person must refund Delta Dental, on behalf of the Trust, the amount equal to the benefit payment made to, or on behalf of, the covered person.

#### TERMINATION/ NONRENEWAL/CONTINUATION

Coverage will terminate at the earliest of:

- The last day of the month Delta Dental receives a written request to cancel coverage;
- The last day of the month in which you become ineligible for coverage;
- The date the Contract terminates;
- The end of the period for which Premium is paid;
- The date a covered person enters full-time military service of any country; or
- As to any Dependent, the date the person no longer qualifies as a Dependent. Loss of Dependent status can occur for many different reasons. Your employer may not know when this happens. Therefore, you are required to notify your employer within 60 days of the event or the loss of coverage, whichever is later.

# COBRA (Consolidated Omnibus Budget Reconciliation Act of 1985)

Covered persons may be able to continue coverage through COBRA. The benefits will be the same as the benefits active Subscribers receive. The Covered person must pay the entire Premium, which cannot exceed 102% of the cost for an active Subscriber with the same Plan. You should contact your employer to determine if you are able to continue coverage through COBRA.

# Continued Health Coverage required by the State of Colorado

If you are not eligible for COBRA you may be eligible to continue coverage for up to 18 months under State Continuation. Contact your employer to learn if you are eligible to continue coverage through state continuation.

#### **EXTENDED COVERAGE**

Your CU Health Plan dental benefits will end if this Contract is terminated or if your coverage is cancelled. Delta Dental, on behalf of the CU Health Plan, will cover no further care or Services with the exception explained below.

If a Covered Service was Started before cancellation, but the Covered Service is Completed after Delta Dental cancellation, Delta Dental, on behalf of the Trust, will pay Benefits for the Covered Service as follows:

- Benefits will be paid in the amount that would have been paid and subject to the same terms and conditions of the Contract that would have applied, if the Person's coverage was still in effect.
- Benefits are payable if the Covered Service is Completed within 60 days after the date the Person's coverage ended. No benefit will be paid if the Covered Service is Started after coverage ends.

#### **APPEALS AND COMPLAINTS**

A covered person may appeal an adverse decision made on a claim. An appeal request must be submitted in writing within 180 days of the date of the original Explanation of Benefits by writing to:

Delta Dental of Colorado Appeals Analyst P.O. Box 172528 Denver, CO 80217-2528

A covered person may submit additional information in support of the appeal. If an appeal is denied, a second level or external appeal may be available.

If a claim qualifies for Independent External Review, the request must be submitted in writing within 60 days of receipt of a First or Second Level Appeal denial. The request should be submitted to the Appeals Analyst at the address above. The request must include a completed External Review Request Form authorizing Delta Dental to disclose protected health information to the external reviewer.

You may make a complaint about Delta Dental services by email to <a href="mailto:Customer\_service@ddpco.com">Customer\_service@ddpco.com</a>. You may also write us at:

P.O. Box 172528 Denver, CO 80217-2528 A signed consent authorizing Delta Dental to disclose protected health information pertinent to the external review is also required.

# **INFORMATION ON POLICY AND RATE CHANGES**

If there are changes to the benefits under this plan, your employer will provide notice to you. If there are changers to the information provided in this document, we will issue revised materials to you.

#### **DEFINITIONS**

**ALTERNATE BENEFIT** means the benefit allowed for the least costly, commonly accepted Service or supply that could be used to treat a dental problem for which there are other, more costly treatment options that the covered person selects.

**BENEFITS** means those Services and supplies covered pursuant to the terms of this plan. Benefits for all Covered Services are subject to the limitations and exclusions noted in this Benefit Booklet.

**COINSURANCE** means the percentage of a Covered Amount which is payable by Delta Dental, on behalf of the Trust. The Coinsurance for each type of Covered Service is shown on the Schedule of Benefits. The Coinsurance applicable will vary depending upon the type of dental Service.

#### **COMPLETED** means:

- For Root Canal Therapy: The date the canals are permanently filled.
- For Fixed bridges (fixed partial dentures), Crowns, Inlays, Onlays, and other laboratory prepared restorations: On the date the restoration is cemented in place, regardless of the type of cement used.
- For Dentures and Partial Dentures (removable partial dentures): On the date that the final appliance is first inserted in the mouth.
- For all other Services, on the date the procedure is Started.

For claim payment purposes, the date Completed will be the date when a claim is incurred.

# **COVERED AMOUNT** means

- For PPO Provider, the lesser of the PPO Provider's Allowable fee or the fee actually charged.
- For Premier Participating Providers, the lesser of the Premier Maximum Plan Allowance, or the fee actually charged.
- For all other Providers, the lesser of the Non-Participating Maximum Plan Allowance, or the fee actually charged.

**DEDUCTIBLE** means the amount that must be paid by the covered person before Delta Dental will make payment, on behalf of the Trust. The amount of the Deductible is shown on the Schedule of Benefits.

**DENTAL INJURY** is an injury to a Sound Natural Tooth (other than a chewing injury) of a Covered person which results solely from a sudden, unexpected violent act or accident. A chewing injury is any injury that occurs from biting or chewing food or a foreign object.

### **DEPENDENT** means:

A Subscriber's Dependents may include the following:

- Spouse. Contact your employer for eligibility requirements. All references in this Benefit Booklet to a spouse shall include a Common- Law Spouse, partner in a civil union, or Same Gender Domestic Partner (SGDP), except that a civil union partner or SGDP is not eligible for COBRA coverage. A civil union partner or SGDP and their children are eligible through the employer for continuation coverage under the same time conditions and periods as COBRA.
- Newborn child. A newborn child born to the Subscriber or Subscriber's Spouse is covered under the Subscriber's membership for the first 31 days after birth. If the mother of the newborn child is a Dependent child of the Subscriber, the newborn is not provided benefits (see the Grandchild heading in this section). During the first 31-day period after birth, benefits for a newborn child shall consist of Medically Necessary care for injury and sickness, including well child care and treatment of medically diagnosed Congenital Defects and Birth Abnormalities, without regard to the limitations and exclusions applicable to other conditions or procedures or services covered under this Benefits Booklet. All services provided during the first 31 days of coverage are subject to the cost-sharing requirements and any benefit maximums applicable to Services otherwise covered. To continue the newborn child's participation in the coverage beyond the 31-day period after the newborn child's birth, the Subscriber must complete and submit а **Benefits** Enrollment/Change Form to add the newborn child as a

Dependent child to the Subscriber's policy. The employer must receive the Benefits Enrollment/Change Form to add the newborn child as a Dependent child to the Subscriber's policy. The Employer must receive the Enrollment/Change Form within 31 days after the birth of the child to continue coverage for the 32nd day and thereafter. For example: the newborn child is born on January 15th, you have 31 days from the birth to notify the employer of the newborn's birth. If the current coverage is a single only policy and the child is to continue coverage beyond 31 days, the effective date of coverage for the newborn child is on the date of birth and the change in the premium payment is effective on February 1st.

Adopted child. An unmarried child (who has not reached 18 years of age on the date of placement for adoption) adopted while the Subscriber or the Subscriber's Spouse is eligible for benefits will be covered for 31 days after the date of placement for adoption. As used in this section, "Placement for adoption" means the point in time at which a Subscriber assumes or retains a legal obligation to partially or totally support a child in anticipation of the child's adoption. A placement terminates when the legal obligation for support terminates. To continue the adopted child's participation in the Plan beyond the 31day period after the adopted child's placement, the Subscriber must complete and submit a Benefits Enrollment/Change Form to add the adopted child as a Dependent child to the Subscriber's benefit Plan. The employer must receive the Benefits Enrollment/Change Form within 31 days after the placement of the child for adoption to continue coverage for the 32nd day and thereafter. For example: the placement of the adopted child is on January 15th, you have 31 days from the placement to notify the employer of the adoption.

If the current coverage is a single only policy and the child is to continue coverage beyond 31 days, the effective date of coverage for the adopted child is on the date of placement and the change in the premium payment is effective on February 1st.

Dependent child. A Subscriber's son, daughter, stepson, stepdaughter or eligible foster child, including a legally adopted individual or an individual who is lawfully placed with the Subscriber for legal adoption, or a child for whom the Subscriber has established parental responsibility (as evidenced by court documents), or a son or daughter of a Subscriber's partner in a civil union or SGDP, including a legally adopted individual or an individual who is lawfully placed with the Subscriber's partner in a civil union or SGDP for legal adoption, or a child for whom the

Subscriber's partner in a civil union or SGDP has established parental responsibility (as evidenced by court documents), may be covered under the terms of this Benefits Booklet through the end of the calendar month in which the child turns 27.

There may be tax consequences to the Subscriber when enrolling his or her child through the calendar month in which the child turns age 27. There may also be tax consequences to the Subscriber when enrolling the child of his or her civil union partner or SGDP. A Dependent child of a Subscriber who is no longer eligible for coverage may be eligible for continuation coverage.

Information can be found under the heading Continuation of Benefits in this section of this Benefits Booklet. The dependents (spouse or child) of a Dependent child are not eligible for coverage under this Benefits Booklet.

**Disabled Dependent child.** An unmarried child who is 27 years of age or older, medically certified as disabled, and dependent upon the parent may be covered under the terms of this Benefits Booklet. The employer must receive notice of the disability for the disabled Dependent coverage to continue after the Dependent child turns age 27.

• **Grandchild**. A grandchild of a Subscriber or a Subscriber's Spouse is not eligible for benefits unless the Subscriber or the Subscriber's Spouse is courtappointed as having parental responsibility for the grandchild or has adopted the grandchild. The Subscriber must submit a Benefits Enrollment/Change Form and evidence of court appointment as having parental responsibility or documents evidencing a legal adoption.

#### **ENROLLMENT TYPE The enrollment type is Open Enrollment.**

Open Enrollment means a period of time each Contract Year occurring prior to the Anniversary Date during which eligible Subscribers may choose to enroll themselves and/or their eligible Dependents in the Plan, or change from one coverage option to another if the Contract issued to the Group permits them to do so. Coverage will become effective on the Group's Anniversary Date.

Where two Subscribers who are spouses and are both eligible for coverage under this contract, they may be enrolled together or separately, but not both. Dependent children may be enrolled under one parent.

**EXPERIMENTAL OR INVESTIGATIONAL PROCEDURES** means those services or supplies that are not generally accepted in the dental community as being safe and effective, as defined by Delta Dental.

MEDICALLY NECESSARY ORTHODONTIC SERVICES is care that is directly related to and an integral part of the medical and surgical correction of a functional impairment resulting from a congenital defect or anomaly. Orthodontics may be considered medically necessary in congenital defects or anomalies when they correct dentoalveolar arch discrepancies, the correction of which is necessary to satisfactorily correct other aspects of the general deformity that results in a functional impairment, or to prevent relapse of such treatment.

The following are examples of congenital defects or anomalies that affect the face and possibly the dentoalveolar arches or their relationships to each other and may be medically necessary depending on the functional impairment: Hemifacial microsomia; Crouzon's syndrome; Apert syndrome.

**MEMBER** means any person eligible and enrolled for coverage under this plan.

**NECESSARY** means a Service that is required by, and appropriate for treatment of, the Covered person's dental condition according to generally accepted standards of dental care as determined by Delta Dental.

**PROVIDER** means a person licensed to practice Dentistry.

### **STARTED** means:

- For Full Dentures or Partial Dentures (removable partial dentures): The date the final impression is taken.
- For Fixed Bridges (fixed partial dentures), Crowns, Inlays,
  Onlays and other laboratory prepared restorations: The
  date the teeth are first prepared (i.e., drilled down) to
  receive the restoration.
- For Root Canal Therapy: The date the pulp chamber is first opened.
- For Periodontal Surgery: The date the surgery is actually performed.
- For All Other Services: The date the Service is performed.

**SUBSCRIBER** means the person in whose name the membership under the policy is established.

# NON-DISCRIMINATION STATEMENT

The University of Colorado, as Plan Sponsor of the University of Colorado Health and Welfare Plan ("the University"), complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. The University does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

The University provides free aids and services to people with disabilities to communicate effectively, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). The University also provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services, contact the HIPAA Privacy Officer with CU Health Plan Administration.

If you believe that the University has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

HIPAA Privacy Officer
CU Health Plan Administration
1999 Broadway, Suite 820
Denver, CO 80203
(303) 860-4199
(303) 860-4177 (fax)
cuhealthplan@cu.edu

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the HIPAA Privacy Officer with CU Health Plan Administration is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <a href="http://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>.

# Visit Delta Dental's Website at:

www.deltadentalco.com

You can search for a Provider, download a claim form or access other personal account information.



1999 Broadway, Suite 820 Denver, CO 80202 303-860-4199

# **Delta Dental of Colorado**

4582 South Ulster Street, Suite 800 Denver, CO 80237

# **Customer Service:**

1-877-FlossCU